

Film Coated Tablets

60

Exp:

Batch:

0 728238 600389

ACTIVE INGREDIENTS. Each tablet contains:

Pyridoxine hydrochloride	18.2mg
Equiv. to Pyridoxine (Vitamin B6)	15mg
Cyanocobalamin (Vitamin B12)	100micrograms
Calcium ascorbate	28mg
Equiv. to Ascorbic acid (Vitamin C)	25mg
d-alpha tocopheryl acid succinate (Vitamin E 125IU)	103mg
Magnesium (from Magnesium amino acid chelate)	10mg
Folic Acid	99micrograms
Panax ginseng (Korean Ginseng) dry ext.	150mg
Derived from dried root	1.5g
Eleutherococcus senticosus (Siberian Ginseng) dry ext.	33.3mg
Derived from dried root	500mg
Epimedium sagittatum (Horny Goat Weed) dry ext.	75mg
Derived from dried herb top	1.5g
Tribulus terrestris dry ext.	10mg
Derived from dried fruit	500mg
Panax quinquefolius (American Ginseng) dry ext.	62.5mg
Derived from dried root	250mg
Silybum marianum (Milk Thistle) dry ext.	720micrograms
Derived from dried fruit	50mg
Ginkgo biloba dry ext.	400micrograms
Derived from dried leaves	20mg
Zingiber officinalis dry ext.	460micrograms
Derived from dried rhizome	5mg
Lycium barbarum (Goji) dry ext.	12.5mg
Derived from dried fruit	5mg
Lycopersicon esculentum (Tomato) dry ext.	108mg
Derived from dried fruit	2.2g
Standardised to Lycopene	6.5mg
Selenium (from Selenomethionine)	75micrograms
Zinc (from citrate dihydrate)	25mg
Levocarnitine fumarate	89mg
Equiv. to Levocarnitine	50mg
Ubidecarenone (Co-Enzyme Q10)	30mg

WARNING: Contains zinc which may be dangerous if taken in large amounts or for a long period. If symptoms persist consult your healthcare practitioner. This product contains selenium which is toxic in high doses. A daily dose of 150 micrograms for adults of selenium from dietary supplements should not be exceeded. Do not take while on warfarin therapy without medical advice. Vitamins and minerals can only be of assistance if the dietary vitamin intake is inadequate.

Livestrong
Nutrition



Mens Essential

A Multivitamin Complex Designed to
Boost Libido & Increase Sexual Desire

Natural Aphrodisiac

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Livestrong's Men's Essential formula is apart of our Fertiex range. It has been specifically formulated with nutrients to balance and support normal physiology and function. Mens Essential contains Zinc which supports healthy testosterone levels in men and plays an important role in male reproductive health. It also contains Tribulus Terrestris which is traditionally used in Ayurvedic medicine as an aphrodisiac for men to arouse sexual desire and assist with libido/sexual instinct. This formula also contains Panax ginseng, traditionally used in Herbal Medicine to help support physical capacity/performance, energy and vitality and assist with stamina and endurance.

Directions for use:

Adults, take 1 tablet twice daily, with meals, or as directed by your health care professional.

Do not use if tamper evidence seal is missing, torn or broken

Store below 30°C



Livestrong Nutrition Pty Ltd
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www.livestrongnutrition.com.au

Exp:

Batch:

0 728238 600303

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Livestrong
Nutrition



Livestrong's Test Booster formula is a part of our Fertiex range. It has been specifically formulated with nutrients to support healthy testosterone levels in men, testosterone synthesis, balance and support normal male physiology and function. Test Booster contains Zinc which supports healthy testosterone levels in men. This formula also contains Selenium which is required for testosterone